

CURRICULUM VITAE

Mark A Rosenblum, Psy D, DBSM

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LICENSURE

Board of Psychology; Minnesota
License #4815

Authority to Practice Interjurisdictional Telepsychology (APIT)
from the PSYPACT Commission
APIT #13670

CREDENTIALS

Certified, Behavioral Sleep Medicine (2008)
Board Certified in Behavioral Sleep Medicine (6/29/2018)

PROFESSIONAL AFFILIATIONS

American Academy of Sleep Medicine
Society of Behavioral Sleep Medicine (Founding Member)

CURRENT POSITIONS

2018-present Senior Clinical Psychologist, Hennepin Healthcare, Minneapolis, MN

- Serves as the Sleep Psychologist for the Minnesota Regional Sleep Disorders Center, the dedicated sleep disorders center within Hennepin Healthcare
- Provides Cognitive Behavioral Therapy for Insomnia (CBT-I) for patients within the Hennepin Healthcare system as well as external organizations' sleep disorders centers, such as the Mayo Clinic and the University of Minnesota
- Evaluates patients with suspected sleep disorders
- Provides Behavioral Sleep Medicine treatments for other sleep disorders, including Circadian Rhythm Sleep Disorders, NREM parasomnias, and hypnotic dependence
- Provides Behavioral Sleep Medicine education for Sleep Medicine Fellows, Psychiatry Residents, and Psychology Interns
- Psychology Manager: Mitchell Radin, PsyD, LP

RELEVANT CLINICAL EXPERIENCES

- 2007-2018 *Director, Minnesota Sleep Institute Insomnia Program, Minneapolis, MN*
- Developed behavioral sleep medicine programming for a multi-site sleep disorders clinic
 - Provided Cognitive Behavioral Therapy for Insomnia (CBT-I)
 - Assessed patients for suspected co-morbid psychiatric conditions and substance use disorders
- Director of Sleep Disorders Clinic: Ralph Steele, MD, ABSM
- 2013-2017 *Senior Clinical Psychologist, Hazelden Betty Ford Foundation, Plymouth, MN*
- Acted as the Sleep Psychologist and provided Behavioral Sleep Medicine services for young adults and adolescents, who were engaged in treatment for substance use disorders
- Mental Health Clinic Supervisor: Tim Portinga, PsyD, LP
- 2006 *Trainee, Supplemental Training in Behavioral Sleep Medicine, Rochester, MN*
- Received training in Behavioral Sleep Medicine, that supplemented Health Psychology Postdoctoral Training
 - Emphasis of training involved the assessment and treatment of insomnia
- Preceptor: Peter Hauri, PhD, ABMS

EDUCATION

- 2005 Argosy University/Atlanta
Atlanta, GA
Psy D, 2005; APA approved
Concentration: Clinical Neuropsychology
- 1996 University of Minnesota
Minneapolis, MN
BA, 1996
Major: Psychology

POST-LICENSURE TRAINING

- 2010 *Trainee, Pediatric Behavioral Sleep Medicine, Omaha, NE (Distance Learning)*
- Received didactics on Pediatric Behavioral Sleep Medicine
- Trainer: Brett Kuhn, PhD, DBSM

POSTDOCTORAL TRAINING

2007-2018 *Postdoctoral Trainee, Partners in Health, Minnetonka, MN*

- Training divided between Health Psychology and Neuropsychology
- Health Psychology training included training and supervision in clinical hypnosis
Supervisor: David Alter, PhD, ABPP, ABPH

INTERNSHIP

2003-2004 *Psychology Intern, Northeastern Ohio University College of Medicine, Rootstown, OH*

- Provided Cognitive Behavioral Therapy for clients in an outpatient mental health clinic and inpatient mental health clinic
- Administered neuropsychological evaluations
Supervisors: James Mullen, PhD; Ann Carden, PhD

PRACTICA

2002-2003 *Advanced Practicum Student, Shepherd Center, Atlanta, GA*

- Neuropsychological assessments within Acquired Brain Injury Program
Supervisor: Amy Alderson, PhD

2001-2002 *Therapy Practicum Student, Clayton County Mental Health Center, Jonesboro, GA*

- Psychotherapy provider in community mental health clinic
Supervisor: Charles Dillon, PhD

2000-2001 *Diagnostic Practicum Student, Shepherd Center/Shepherd Pathways, Atlanta, GA*

- Inpatient and outpatient Acquired Brain Injury Program rotations
Supervisor: Brian Sharp, PhD

PROFESSIONAL AND PUBLIC PRESENTATIONS

- May 03, 2023 Presentation, Cognitive Behavioral Therapy for Insomnia (CBT-I) for Pharmacists, Hennepin Healthcare, Minneapolis, MN*
- May 16, 2023 Presentation, Learning to Sleep Better, P.I.C.K. Series – DHS, St. Paul, MN*
- Jan 04, 2023 Presentation to Psychology Interns, Cognitive Behavioral Therapy for Insomnia (CBT-I), Hennepin Healthcare, Minneapolis, MN*
- Dec 13, 2022 Presentation, Introduction to Behavioral Sleep Medicine, Didactics for Sleep Medicine Fellows, Minnesota Regional Sleep Disorders Center at Hennepin Healthcare, Minneapolis, MN*
- Oct 26, 2022 Presentation, Didactics for Addiction Medicine Fellows at the University of Minnesota, Cognitive Behavioral Therapy for Insomnia (CBT-I) in Opioid Treatment Programs, Hennepin Healthcare, Minneapolis, MN*
- Aug 08, 2022 Presentation to Psychology Interns, Orientation to Sleep Health, Hennepin Healthcare, Minneapolis, MN*
- Aug 03, 2022 Presentation to Primary Care Physicians, Cognitive Behavioral Therapy for Insomnia (CBT-I), Hennepin Healthcare, Minneapolis, MN*
- Mar 23, 2022 Presentation for Psychiatry Grand Rounds, Cognitive Behavioral Therapy for Insomnia (CBT-I), Hennepin Healthcare, Minneapolis, MN*
- Mar 03, 2022 Presentation, Integrated Opioid and Addiction ECHO program at Hennepin Healthcare, Cognitive Behavioral Therapy for Insomnia (CBT-I), Minneapolis, MN (Virtual)*
- Oct 27, 2021 Presentation, Didactics for the Addiction Medicine Fellows at the University of Minnesota, Cognitive Behavioral Therapy for Insomnia (CBT-I) in Opioid Treatment Programs, Minneapolis, MN (Virtual)*
- Oct 14, 2020 Presentation, Didactics for the Addiction Medicine Fellows at the University of Minnesota, Cognitive Behavioral Therapy for Insomnia (CBT-I) in Opioid Treatment Programs, Minneapolis, MN (Virtual)*
- Jul 12, 2020 Radio Interview, 830 AM WCCO, “Healthy Matters with David Hilden, MD”, Avoiding Insomnia During Stressful Times, Minneapolis, MN*

- Apr 30, 2020 Presentation, American Society of Addiction Medicine (ASAM) 51st Annual Conference, Cognitive Behavioral Therapy for Insomnia (CBT-I) in Opioid Treatment Programs, Aurora, CO (Virtual)*
- Sep 18, 2019 Presentation, Didactics for the Addiction Medicine Fellows at the University of Minnesota, Cognitive Behavioral Therapy for Insomnia (CBT-I) in Opioid Treatment Programs, Minneapolis, MN*
- May 20, 2016 Television Interview, Fox 9 "The Buzz", CBT-I and the New Insomnia Treatment Guidelines Released by the American College of Physicians, Minneapolis, MN*
- May 12, 2016 Radio Interview, 830 AM WCCO, "The News Radio Show with Jordana Green", CBT-I and the New Insomnia Treatment Guidelines Released by the American College of Physicians, Minneapolis, MN*
- Sep 16, 2015 Presentation, Strategies to Manage Sleep While on Deployment, Minnesota-based Disaster Medical Assistance Team, Minneapolis, MN*
- Mar 13, 2014 Presentation, An Overview of Insomnia and Cognitive Behavioral Therapy for Insomnia (CBT-I), Hazelden Center for Youth and Families, Plymouth, MN*
- Oct 23, 2013 Presentation, Sleep Disorders and Chemical Dependency, State of Minnesota Health Professional Services, St. Paul, MN*
- May 01, 2013 Presentation, Sleep and Our Students: What should we be doing?, The Blake Upper School, Minneapolis, MN*
- Apr 06, 2013 Presentation, ADHD and Sleep Disorders, LDA Minnesota 3rd Annual Regional Spring ADHD Conference, Minneapolis, MN*
- Apr 21, 2012 Presentation, ADHD and Sleep Disorders, Minnesota Psychological Association Annual Convention, Minneapolis, MN*
- Oct 06, 2011 Presentation (Webinar), ADHD and Sleep Disorders, ADD Resources, addresources.org*
- Aug 30, 2011 Presentation (Webinar), ADHD and Sleep Disorders, Virtual AD/HD Conference, <http://adhdconference.com/agenda.shtml>*

Apr 16, 2011 Presentation (Webinar), ADHD and Sleep Disorders, Living, Loving, and Learning Conference sponsored by LDA Minnesota, Minneapolis, MN

Aug 29, 2010 Radio Interview on the "Gyno Show", 107.1 FM WCCO, Minneapolis, MN

Nov 04, 2009 Panel speaker at Fairview Physicians Association "Can Do" Conference, Minneapolis, MN

Oct 03, 2009 Presentation, Sleep Disorders and Breast Cancer, Breast Cancer Awareness Association Conference, Minneapolis, MN